





The objective of the Sports Academy is to develop junior golfers who will continue to play golf socially or competitively based on each individual's desires.

The Junior Golf Academy curriculum includes:

Golf Skills Fitness and Nutrition Sportsmanship, Rules and Safety Playing Golf

Date

Day

Topic

Instruction on Tuesday's 10:00 am – 12:00 pm Play Days on Friday's 8:00 am (back nine) Open to Juniors ages 8-17 Cost of program: \$20.00 per session/junior

Location

(Call for FDL Pricing)

2024 Schedule

Tuesday	June 4	Introduction to Jr. Golf	Driving Range	
Friday	June 7	Play Day	(NO PLAY DAY for beginners)	
Tuesday	June 11	Putting	Driving Range	
Friday	June 14	Play Day	Clubhouse	
Tuesday	June 18	Chipping	Driving Range	
Friday	June 21	Play Day	Clubhouse	
Tuesday	June 25	Pitching	Driving Range	
Friday	June 28	Play Day	Clubhouse	
Tuesday	July 2	Full Swing Irons	Driving Range	
Friday	July 5	NO JUNIOR GOLF		
Tuesday	July 9	Full Swing Woods	Driving Range	
Friday	July 11	Play Day	Clubhouse	
Tuesday	July 16	Skills Competition/Fun Day	Driving Range	
Friday	July 19	NO JR GOLF PLAY DAY	Black Bear Casino Tournament	
Time Schedu 10:00 – 10:1		Roll call & warm up exercise	Contact: Jason Hughes	
10:15 – 10:30		Explanation of topic of the day	Phone #218-878-2485	
10:30 – 11:00		Practice & instruction	email:jasonhughes@fdlrez.com	
11:00 – 11:15		Nutritious snack / Bathroom break		
11:15 – 11:45		Competition		
11:45 - 12:00		Recap & cool down exercise		







- A parent or chaperone must accompany junior on **play days** if under the age of 13.
- Juniors under the age of 8 wishing to be in the Junior Golf Academy must be accompanied by an adult each session and get the permission of the Head Golf Professional.
- All juniors must fill out a registration form and have it signed by their parent/guardian to be enrolled in the program.
- Students in the Junior Golf Academy will be required to conform at all times to the Etiquette Code, which will be explained in the introductory session.
- Please drop off and pick up your student at the scheduled location on the calendar.

Junior Golf Academy Golf Registration Form

Name of Junior Golfer				
Name of Parent/Guardian				
Phone # in case of emergency_				
Email address in case of change	e in schedule			
FDL Enrolled (circle one)	YES	NO		
employees, agents, and volunted participant's involvement in gol expenses and other costs related I agree, as a participant, to be re-	ers from any and a If activities during I to any injuries sur- esponsible for any nior Golfer can be	Il damages, claims or ca the Junior Golf Academ ffered as a result of such damages or injury as a re suspended at any time for	esult of my actions. I understand, as for any actions that may cause harm t	the al
Participant's Signature:			Date	
Parent/Guardian Signature:			Date	
	Black Bear G.O	C. 1791 Hwy. 210, Carlton, MN 557	18	